## OUR TIMES ARE IN +YOUR HANDS, O LORD

**THE HOURS (from sunrise): at Prime (7am):** Now to the King eternal, immortal, invisible, the only God, be honour and glory for ever and ever. O everlasting Jesus, in the early morning You gave yourself to be reviled and scoffed at by Your enemies. Visit us, we pray, at this hour with Your grace and mercy that throughout the day we may find peace and joy in all that ministers to Your praise and glory, for You live and reign with the Father and the Holy Spirit, one God now and forever. Amen.

\* at Matins (morning): *Ps. 51. Benedictus or Te Deum laudamus.* O Lord, our heavenly Father, since you have safely brought us to the beginning of this day, defend us in the same with your mighty power, and grant that we fall into no sin, neither run into any kind of danger, but that all our doing, being ordered by your governance, may be righteous in your sight; through Jesus Christ, Your Son, our Lord. Amen.

**at Terce (9am):** God is love, and he who abides in love abides in God, and God abides in him. O God, almighty Father, we humbly beseech Your Divine Majesty that, as You strengthened Your apostles at the third hour by the visitation of Your Holy Spirit, So You will also enlighten and guard our hearts and bodies by His coming; through the merits of Jesus Christ, our Saviour. Amen.

**at Sext (noon):** Bear one another's burdens, and so fulfill the law of Christ. O most gracious Jesus, our Lord and our God, who, as at this hour, bore our sins in Your own body on the tree that we, being dead unto sin, might live unto righteousness, have mercy upon us, we beseech You, both now and at the hour of our death, and grant unto us, Your humble servants with all other Christian people, who have this Your blessed Passion in devout remembrance, a godly and peaceful life in this present world and through Your grace eternal glory in the life to come, where, with the Father and the Holy Spirit You live and reign, ever one God, now and forever. Amen.

at None (3pm): You were bought at a price, so glorify God in your body. Hear us, O merciful Lord Jesus Christ, and remember now the hour in which You did commend Your blessed Spirit into the hands of Your heavenly Father; and so assist us by Your most precious death that, being dead unto the world, we may live only unto You, and that at the hour of our departing from this mortal life we may be received into Your everlasting kingdom, there to reign with You, world without end. Amen.

\* at Vespers (evening): *Ps. 130. Magnificat.* Direct us, O Lord, in all our doings with your most gracious favour, and further us with your continual help, that in all our works begun, continued, and ended in you we may glorify your holy name and finally by your mercy obtain eternal salvation; through Jesus Christ, our Lord. Amen.

\* at Compline (night): Nunc dimittis. You, O Lord, are in the midst of us, and we are called by your name; leave us not, O Lord, our God. O Lord Jesus Christ, Son of the living God, who at the hour of Compline rested in the sepulcher, and thereby sanctified the grave to be a bed of hope for Your people, cause us to rise again and to live with you forever; who live and reign with the Father and the Holy Spirit, one God, forever and ever. Amen.

**at any time:** O God, for our redemption you gave your only Son to suffer death on the cross, and by his glorious resurrection you delivered us from the power of death. Make us die every day to sin so that we may rise to live with Christ forever; who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Pss. Morning: 18, 22, 24, 25, 28, 32, 36, 50, 65, 73, 90, 92, 96, 100, 107, 119, 147, 148. Sun: 1, 2, 8, 19, 27, 45, 62, 67, 72, 84, 98. Evening: 6, 38, 46, 51, 105, 116, 117, 118, 126, 130, 135, 136, 138, 139, 141, 143, 146. Sun: 23, 110, 111, 114. Night: 16, 18, 34, 77, 103, 121. Sun: 4, 9, 133, 134. Penitential: 6, 32, 38, 51, 102, 130, 143.

## TEACH ME +YOUR WAY, O LORD

## CATECHISM: The Commandments [Ex 20:1-17; Mt 5:43-48; Mk 12:28-34; Jn 13:34-35]

## V: I will obey Your decrees; R: Do not utterly forsake me.

O almighty and everlasting God, vouchsafe, we ask You, to direct, sanctify, and govern both our hearts and bodies in the ways of Your laws and in the works of Your commandments, that through Your most mighty protection, both here and ever, we may be preserved in body and in soul; through our Lord and Saviour Jesus Christ. Amen.

The Creed [Eph 4:4-6; Phil 2:5-13; Col 1:15-23; 1 T 2:5-6; 3:16; 2 T 1:13-14; 1 Pet 1:18-22]

V: God is a Spirit. R: And they that worship Him must worship Him in Spirit and in Truth. V: Oh come, let us worship the Lord. R: The true God: One in Three and Three in One.

(Luther's morning or evening prayer)

The Lord's Prayer [Job 1:4-5; 2 Chr 1:7-12; 33:10-13; Mt 6:5-15; Lk 11:1-13; 1 T 2:1-2, 8]

V: Lord, remember us in your kingdom, R: and teach us to pray:

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. Lead us not into temptation, and deliver us from evil. For thine is the kingdom, and the power and the glory forever and ever. Amen.

Baptism [Jn 3; Mk 16:16; Rom 6:1-6; Gal 3:26-39; Tit 3:3-8; 1 Pet 13-22]

V: The Lord is my strength and my shield. R: He is the saving health of his anointed.

Almighty God, You have given us Your only Son to take our nature upon Him. Grant that we, being regenerate and made Your children by adoption and grace, may daily be renewed by Your Holy Spirit; through the same Jesus Christ, Your Son, our Lord. Amen. Baptism now saves you. Amen.

Office of the Keys and Confession [Ex 32:7-14; 2 Sam 12:1-25; Jn 20:19-22; 2 Cor 2:10]

V: Make haste, O God, to deliver me. R: Make haste to help me, O Lord. V: The sacrifices of God are a broken spirit. R: A broken and contrite heart, O God, You will not despise. V: Wash me thoroughly from my iniquity, R: and cleanse me from my sin. V: For I acknowledged my transgression, R: and my sin is ever before me.

Almighty God, our heavenly Father, because you desire not the death of a sinner but rather that he should turn from his evil way and live, graciously turn away from us the punishments which we by our sins have deserved and which have been borne for us by our Lord Jesus Christ, and grant us ever to serve you in holiness and pureness of living; through Jesus Christ, our Lord. Amen.

The Lord's Supper [Ex 24:9-11; Mt 26:26-28; Mk 14:22-25; Lk 22:14-21; 1 Cor 11:23-26]

V: The Lord provided redemption for His people. R: He ordained his covenant forever.

O Lord Jesus, since You have left us a memorial of Your Passion in a wonderful sacrament, grant, we pray, that we may so use this sacrament of Your Body and Blood that the fruits of Your redeeming work may continually be manifest in us; for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen. Depart in Peace. Amen.